Number of times that a custom field has been changed

Use case

Return the number of times that a custom field has been changed since the issue was created.

Expression

Create and configure a Smart field using this expression in Jira expression mode:

issue.changelogs.filter(changelog => changelog.items.some(item => item.fieldId == 'customfield_nnnnn')).
length

Please, replace nnnnn with the ID of your custom field in the above expression.